

## Welcome

eCardio Diagnostics is a leading provider of advanced ambulatory cardiac monitoring products and services that improve the flexibility, speed and accuracy of arrhythmia diagnosis.

We understand many patients have questions or concerns when wearing a heart monitor. This pamphlet provides an overview of eCardio's service and information about extended cardiac monitoring.

In addition, our award-winning customer service team is available to answer your questions 24-hours a day, seven days a week. Please don't hesitate to contact us directly at (888) 500-eLAB (3522).



## About Cardiac Arrhythmias

Your physician has prescribed eCardio's services to help diagnose potential heart rhythm problems. Since many arrhythmias occur without symptoms, patients are often unaware their heart is beating irregularly. eCardio's monitors record abnormalities to help your physician more quickly diagnose and treat heart conditions.

## How the eCardio Monitoring Service Works



### ENROLL • • •

Your physician will determine the type of service best for you and will prescribe a specific device and the number of days you will wear the monitor.

### HOOK-UP • • •

During your appointment, a representative from your doctor's office will show you how to apply the electrodes and attach the monitor. They will help you record and transmit an initial EKG reading, called a "baseline." Alternatively, your doctor may prescribe a **home hook-up**. In these cases, eCardio will send the monitor directly to your home and an eCardio Customer Service Representative will call you to discuss your hook-up and help you transmit your baseline.

### WEAR • • •

Wear the monitor for the prescribed number of days your doctor has recommended. To help detect any irregular heart rhythms, it is important to wear the monitor all day, every day for the full length of your prescribed service. Please remove the monitor while showering; devices are NOT waterproof.

### RECORD • • •

Each of eCardio's monitors has been designed to record data about the rhythm of your heart. If you are experiencing symptoms at any time, press the record button on your monitor. Some monitors will automatically record and transmit cardiac events to our eLAB. Other monitors will require you to call the eLAB daily and transmit the recording over the phone.

### REPORT • • •

eCardio reports these results to your physician. If the report indicates you are experiencing a serious cardiac event, your physician will be notified as soon as possible and you will be contacted for immediate treatment.



### RETURN • • •

When you have finished with your prescribed service, please return the monitor directly to eCardio in the pre-paid envelope provided to you or contact eCardio to schedule pick-up.

## Patient's Check-List

- ✓ I have received the appropriate monitor my doctor has prescribed.
- ✓ The doctor's office has shown me how to apply the electrodes and attach the monitor OR eCardio will contact me to complete my home hook-up.
- ✓ I understand that I need to wear the monitor **every day**, all day, for the length of time my doctor has recommended.
- ✓ I will remove my monitor before bathing and re-attach it afterwards.
- ✓ To replace the batteries in my monitor, I will call (888) 400-3522.
- ✓ I will call the monitoring center at (888) 500-3522 to activate my monitor.
- ✓ I will contact my doctor immediately if my symptoms worsen.

If you have additional questions about your monitoring service, please contact eCardio directly at **(888) 500-eLAB (3522)**

## Important Numbers

To activate your monitor or to transmit a report, please contact our eLAB at (888) 500-eLAB (3522).

To order replacement batteries, please contact us at (888) 400-eLAB (3522).

Interpreter services available.



### Flexible.

Unlike alternative diagnostic measures such as telemetry or repeat testing, eCardio provides 24-hour arrhythmia monitoring with minimal interruptions to the patient's daily routine.



### Fast.

eCardio's 24-hour lab posts reports online and processes critical and serious reports within one hour.



### Accurate.

eCardio's devices are equipped with precise algorithms to automatically detect and record cardiac arrhythmias.

For more information, please visit us online at

[www.ecardio.com](http://www.ecardio.com)



# Remote Cardiac Monitoring:

## A Patient's Guide to eCardio's Services



FLEXIBLE. FAST. ACCURATE. ARRHYTHMIA MONITORING SOLUTIONS.